

# ASK THE EXPERTS –SCHEDULE OF TALKS



Time	Room 204	Room 205	Room 206	Room 207	Room 208	Room 210
9:00	Urogynecology & Pelvic Health Dr. Briana Walton	Hormone Replacement Therapy: Risks & Rewards S. Dale G. Jafari, DNP, FNP-BC	Diabetes: Strategies for Lowering your HA1C Doris Tate, CNP	Sleep Problems, Obstructive Sleep Apnea Dr. Fernando DeLeon	Don't Fall this Fall Paul Simonetti, PT, CPT, OCS	
9:45	Urogynecology & Pelvic Health Dr. Briana Walton	Hormone Replacement Therapy: Risks & Rewards S. Dale G. Jafari, DNP, FNP-BC	Diabetes: Strategies for Lowering your HA1C Doris Tate, CNP	Sleep Problems, Obstructive Sleep Apnea Dr. Fernando DeLeon	Don't Fall this Fall Paul Simonetti, PT, CPT, OCS	
10:00						Mental Health in Later Life Dr. Allan Anderson
10:30	Cardiovascular Health, Heart Failure Dr. Juan Cordero	Ten Signs of Alzheimer's Disease and Dementia Cynthia Prud'homme	Pain Management in Light of the Opioid Epidemic Nathan Turner, PA	Compass Regional Hospice: Facts and Myths of Hospice Care Heather Guerieri, RN, MSN, CHPN	Stress Management Patricia Deitz, LCSW	
11:00						Mental Health in Later Life Dr. Allan Anderson
11:15	Cardiovascular Health, Heart Failure Dr. Juan Cordero	Healthy Living for Your Body and Brain Cynthia Prud'Homme	Pain Management in Light of the Opioid Epidemic Nathan Turner, PA	How Can Grief Support Help? Rhonda Knotts, MCC	Stress Management Patricia Deitz, LCSW	
12:30	KENT COUNTY COMMISSIONERS CANDIDATES FORUM ON TOPICS OF COMMUNITY CONCERN CAFETERIA					